Report on 2005 White House Conference Event Held in Conjunction with the Joint Conference of the Southeastern Association of Area Agencies on Aging and the North Carolina Conference on Aging

Date, Location, and Nature of Event: October 17-20, 2004 at the Sheraton Imperial, Research Triangle Park, North Carolina. Included presentation about the White House Conference on Aging by Dr. Ann McGee, executive director of the 2005 White House Conference, during the closing session on October 20th. Others presenting at closing session included Sandra Markwood, Chief Executive Officer of the National Association of Area Agencies on Aging and Robert Blancato, a member of the 2005 WHCOA Policy Committee and the executive director of the 1995 White House Conference on Aging. The joint SE4A/NC Conference on Aging included service professionals, consumer advocates, academicians, students, seniors, and other interested parties from the eight southeastern states—Alabama, Florida, Georgia, Kentucky, Mississippi, North Carolina, South Carolina, and Tennessee.

<u>Conference Attendance:</u> 600+ <u>Estimated % Seniors:</u> 15-20% # Providing Written Response as Summarized Below: 29

Summary of Participant Input

Among the 29 conference participants who identified at least one priority issue for consideration by the WHCOA Policy Committee, the top six issues were as follows:

- Transportation
- □ Senior-friendly communities and support of community and personal planning
- ☐ Health promotion and disease prevention and management
- Older Americans Act reauthorization and funding
- □ Long-Term Care Insurance tax incentives
- Medicare education and improvement of prescription drug program

From examining all of the responses, it appears that there was interest in all of the agenda items identified by the WHCOA Policy Committee, with the possible exception of 'Marketing.' The responses especially seemed to relate *to Planning along the Lifespan*, *Our Community, and Health and Long Term Living*.

Interest in senior-friendly communities and planning seems consistent with N4A's advocacy for a new Title VIII of the Older Americans Act targeted to support community planning to meet the needs of an aging population (e.g., housing, transportation, safety).

Issue	# of Respondents	Barriers	Solutions
Transportation, especially in rural communities	7	□ Poor coordination of transportation and human services planning—separate agencies with very different goals and worldviews □ Funding levels are very low for serving the 'Transportation Disadvantaged' □ People in the county have difficulty getting into the city for services □ Cost and insurance □ Lack of funding and service providers and unwillingness to share or cross agency dollars	□ Form collaborative ventures to look at transportation wholistically—as not just part of service delivery bu part of daily life □ Funding levels need to be adjusted to meet demands for increased gas prices □ Provide funds for 'volunteer' drivers □ Provide special grants to faith-based and non-profits to coordinate and share transportation resources (e.g., vans, drivers) □ Establish non-profit insurance pool for faith-based non-profits to cover sharing vehicles, using volunteers, etc. □ Innovative funding streams □ New procurement □ Streamline standards, policies and procedures required at State levels
Create 'Senior-friendly' Communities and support planning along the lifespan— community and personal.	5	☐ The difficulty of thinking more widely than services for the most vulnerable to things that make everyday life easier for all older adults ☐ Especially challenging for rural dwelling residents ☐ Economic, social and educational ☐ Our communities are not 'senior-friendly'—lack of affordable housing, transportation, health care, or emphasis on staying healthy ☐ Ageism—community at large does not hold seniors in high regard and does not want to address issues critical to aging process ☐ Planning for one's senior years must start in early adulthood—but planning ahead is a foreign concept to many adults.	□ Support people-friendly community planning □ Involve engineers, parks & recreation, universal design experts, businesses, as well as traditional services to older adults □ Provide incentives for personal planning early on—offer packages as people enter the workforce so that it becomes a way of life—stress the need to plan ahead beginning in high school □ Promote self-contained communities that provide stores, schools, health-care and leisure activities within walking distance of residential complexes □ Much improved transportation system that meets senior mobility needs □ Support and follow
Emphasize health promotion/disease prevention programs, including chronic disease management	4	□ Not being addressed, especially in light of boomers □ Low priority □ No solid cost-analysis research	'healthy aging concepts' Fund aggressive prevention funding for boomers to take more responsibility for their health Partner with insurance companies Health care professionals must have incentives to take more time with patients

Reauthorizing the Older	3	☐ Growing aging	☐ Promote Senior Centers as Community Wellness Centers ☐ Expand partnerships among aging networks and the other community networks— health, business, faith, etc. ☐ Educate seniors about
Americans Act on time to allow a seamless transition and increased funding to meet the growing demands for services		population Decreased domestic spending because of increased foreign policy spending	what is realistic to expect Reward those who prepare for their old age by letting them keep their money Show the outcomes of increased spending in the area of in-home and community- based services
Tax deduction for Long-Term Care Insurance purchase.	3	☐ May be impact on taxes☐ Confusing for elderly and their families/caregivers☐ Ability for policies to adapt to changing services and societal conditions	□ Better economy would help □ Standardize long-term care insurance as has been done for Medigap insurance □ Establish some governmental assurance that paying now will result in benefits later—that if the system becomes overburdened, companies will not go bankrupt and stop providing assistance
Assure adequate resources for AAAs and SHIPs to meet the urgent need for quality information and one-on-one assistance about the historic changes in Medicare benefits.	3 {also see Modernize and improve Prescription Drug Program}	Rely solely on SHIP counseling expecting volunteers (mostly seniors) to provide assistance with health insurance options (e.g., Medicare prescription drug cards)	□ Support paid staff at the local/regional level to manage the program for the Medicare Prescription Drug Cards and other Medicare changes on a full-time basis □ Show outcomes to report benefits of increased support
Modernize and improve the Medicare Prescription Drug Program by closing the 'doughnut hole,' allowing Medicare to negotiate with drug companies, allowing people with no prescription drug coverage to order from Canada, and simplifying the new prescription drug program.	2 {also see Make health care affordable, including drugs, and Assure adequate resources for AAAs and SHIPs to [assist with] historic changes in Medicare benefits.}	□ Large drug company lobbies who contribute to political campaigns □ Current Medicare Modernization Act □ Accessing the new prescription drug program is very difficult and very unfriendly	□ Stop the partisan politics and work together to make prescription drugs more affordable □ Stop letting the drug companies rule Congress □ Permit Medicare to buy prescription drugs and dispense them to beneficiaries □ Just give a pure discount across the board □ Look at Canada for reduced costs—the government already goes to England for flu shots
Make health care affordable, including drugs	2 {Also see Affordable Dental Health Care}	☐ Drug companies, physicians, the bureaucracy ☐ Escalating cost of drugs	☐ Form partnerships—talk and work with one another ☐ Put the client's needs in the center ☐ Emphasize wellness to avoid need for so many drugs
Provide funding for more community-based services in long-term care—to include more adult day care facilities with	2	☐ Nursing homes will lobby against shifting funds, especially Medicaid, from their services	☐ By establishing and subsidizing non-profit adult day care facilities, more caregivers can keep their loved ones at

subsidy to aid working caregivers.		☐ Mandated services overpower non-mandated services ☐ Need to be bold and creative	home rather than placing them in a nursing home Look to states like Wisconsin that have addressed institutional bias Expand consumer-directed care
Housing designed to 'age-in- place' for all, including the availability of needed services. Affordable housing.	2	□ Over-inflated initial cost □ Building codes □ Building industry □ Few affordable choices for the single female and few services for her when she has few relatives nearby	 □ Education of savings to all if done up-front □ Work with local, state, and federal policymakers □ Tax incentives □ Community planning to develop sites
Education about what services are available for older adults— Information and Assistance services	2	☐ Stigma of being considered a drain or dependent on the State	 □ Begin addressing aging issues in high school □ Assure adequate support of I&R services
Eliminate Social Security 'give- back' for persons collecting Social Security who also work (presently applies only to persons over 65)	1	-	-
Preserve Social Security and prohibit 'carve-outs' from the Social Security Trust Fund.	1	Oconcern about the Baby Boom and the cost of providing them with Social Security	☐ Increase retirement age☐ Increase Social Security tax by a small percentage
Long-term mentally ill within the aging population.	1	□ Not being addressed in elder years□ Stigma	☐ Educate public and leaders about signs & symptoms of mental illness to raise awareness and reduce stigma ☐ More legislation and advocacy
Promotion of Health Savings Accounts for boomers— encouraging them to save for long-term care needs.	1	☐ May have impact on taxes collected	The tax issue will be solved over time with less dependency on Medicaid and other federal programs
Mandatory criminal background check on all workers in nursing homes, adult care homes, assisted living, adult day services and inhome services.	1	☐ Time to check☐ Laws regarding release of information	☐ Education of policymakers and providers of win-win situation for all
Consumer direction, especially given the needs and interests of aging boomers	1	□ A provider-based service delivery system □ Quality issues	□ Education to aging network about consumer direction □ Increased funding for care management services □ Quality assurance models □ Create a culture of change in the aging network
Abuse of the system	1	☐ Clients that abuse or overuse the system	☐ Make the abuse public☐ Older adults should take a more active role in this education
Employment—re-employment and training for older adults	1	□ Available resources geared towards younger people □ Employers unwilling to train or invest in older employees	☐ More services at community college level☐ Tax credits
Affordable Dental Health Care	1	-	-
Increased support of home-	1	☐ Transfer limits	State flexibility to transfer

delivered meals			funds, as needed, to best serve local areas
Build infrastructure for new concept of senior centers that will attract participants	1	☐ Funds ☐ Human resources	☐ Allow use of congregate meals (Title III) funds for this purpose
Strengthen funding levels for Ombudsman Program	1	☐ More facilities in long term care ☐ Few trained Ombudsmen	☐ Increase funding levels
Develop links to Governors' offices to ensure continual understanding of Aging programs within States	1	☐ Organization of State government	☐ Partnerships with Governors' Association and training sessions for new Governors
Social Engagement—recognize the value of senior volunteers	1	☐ State and federal governments do not realize the dollar-value of senior volunteers	People doing community services should be rewarded with leisure activities and lifelong learning with no expense to the volunteers
Support Family Caregiving, including older adults caring for adult children with disabilities	1	☐ Change supplemental service funding restriction of 20% to support building service delivery infrastructure, especially in rural areas	Allow support of caregivers aged 60+ who are caring for a family member under 60, under the Family Caregiver Support Program
Fragmentation of Services	1	☐ Planning for coordination rests with professionals and academics with lip-service to partnering with older adults	□ Support existing models of focal point senior centers that involve older adults in multiple roles □ Encourage publicsponsored centers to adopt nonprofit governance model (i.e., Board of Directors)
Lack of Emerging Leadership among Future Older Adults	1	☐ Professionals within the provider group and for-profit organizations are reluctant to engage in true partnerships	□ Start at the top of the 'Aging Network' and reinstitute the Federal Council. □ Encourage advisory committees to be officially designated at the state level. □ Offer leadership training to older adults